

Little Cubs Academy
Safeguarding and Welfare Requirements
3.44, 3.47, 3.48, 3.49, 3.67, 3.68, 3.73

Allergies and Food Intolerances Policy

Children with allergies and food intolerances must be closely supervised at all times. All staff, especially new staff and cover staff, must be made aware of any allergies and appropriate action to be taken. Food allergies and intolerances are updated as and when information is provided by the parents/carers and signed by the Head Teacher and the Cook.

It is the parents/carers responsibility to ensure that the Nursery is informed of any food allergies and intolerances as soon as they become aware of them. It is the Head Teacher's duty to ensure that all Teachers in the room are aware of any changes to children's requirements.

Meetings will be held with parents/carers prior to the child starting at Little Cubs Academy to obtain detailed information of individual dietary needs, daily routines, signs and symptoms and any required medical treatment. Unless this information is obtained the child's attendance at the setting will be delayed.

Where a child has a known allergy, a full risk assessment procedure will be carried out with the parents/carers prior to the child starting and this will be shared with all staff. We have a written care plan in place for any child with severe symptoms and this is reviewed and updated regularly.

The parents/carers must provide Little Cubs Academy with a signed copy of FARE's Food Allergy & Anaphylaxis Emergency Care Plan.

There must be a list of children and their allergies / intolerances displayed in each room and a comprehensive list on display in the kitchen for the Cook. This information must be clearly displayed, and a signed parental agreement is required.

Parents/carers are responsible for making the Nursery aware of all allergies that their child suffers from and this includes everyday products that contain this element. The Nursery cannot take responsibility if we have not been informed. Details can then be added to the list in each room to ensure that the child does not come into contact with anything that will cause a reaction.

In cases where a reaction may be very severe, a qualified teacher is assigned the role of being their allergy officer to ensure that at meal/snack times a child's dietary needs are met using colour-coded utensils and crockery. All Teachers must be made aware of this as well as the reasons why. A written record of all that the child consumes must be kept and relayed back to the parent / carer on collection of the child.

All cases should be discussed with the child's parents/carers to ensure that everybody is working together in a way that benefits the child.

The Head Teacher must have regular updates with the parents/carers to ascertain that everybody is continuing to follow correct procedures.

Parents/carers are responsible for ensuring that the Nursery is supplied with the correct medication to treat the child should they have any reactions. It is also essential that the parents ensure that the medication is in date and where possible, in the case of epi-pens, a spare is provided in case of the original one provided is faulty.

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Little Cubs Academy cannot administer any medicine to a child unless (i) prescribed by a doctor and if written consent by you has been given, or (ii) in the case of an emergency. Should the child be on prescribed medication, it is your responsibility to inform us and sign the necessary consent form(s). Nursery staff will not give the first dose of a new medicine to a child. You must allow 24 hours before your child attends the nursery after administering any newly prescribed medicine in case of adverse reaction. Please refer to our First Aid Medication and Sickness Policy for their information on administering and storing medicine.

It is the responsibility of the Nursery to regularly check to ensure any medication on the premises, ie. Epi-Pens are in date. The Nursery will check all medications on a weekly basis and will inform the parent if any have passed their use by dates. It is then the responsibility of the parent to provide new medication (if required).

All Teachers must be made aware of the emergency procedure for each child as well as symptoms and administration of any medication.

We aim to have nut free Little Cubs Academy settings. Parents are therefore requested not to send food or empty food packaging into Little Cubs Academy settings. Under certain exceptional circumstances we may permit you to send food with your child, subject to express written approval from the Little Cubs Academy management team and strict compliance with our Allergy Action Plan and food policies in-effect or as amended from time to time.

Review Date	Name	Position	Signature
16.4.20	Ingrid Bard	Operations Manager	<i>Ingrid Bard</i>